

# ASCSC County Championships 2020



**Invited Teams**  
**CSDC, FA, HAA, HHH, HYB, SSC, TVSC, WISC**

# ASCSC County Championships 2019

<b>SANCTION:</b>	Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #
<b>LOCATION:</b>	<b>Nassau County Aquatic Center</b> <b>Eisenhower Park, East Meadow, NY 11554</b>
<b>FACILITY:</b>	<b>10 Lane by 25 yard competition pool w/ 2 meter min depth</b> <b>Colorado Timing System, scoreboard readouts, Hy-Tek meet manager</b> The pool <b>Has not been</b> certified in accordance with Article 104.2.2C (4)
<b>SESSIONS:</b>	<b>Day 1 Prelims – Saturday April 18<sup>th</sup> 8am warm up</b> <b>Day 1 Finals – Saturday April 18<sup>th</sup> 4pm warm up</b> <b>Day 2 Prelims – Sunday April 19<sup>th</sup> 8 am warm up</b> <b>Day 2 Finals – Sunday April 19<sup>th</sup> 4pm warm up</b>
<b>FORMAT:</b>	<b>Trials/Finals Top 20 Swimmers</b>
<b>ENTRIES</b>	<b>Due April 8<sup>th</sup> to Eric Fisher – <a href="mailto:efisher@me.com">efisher@me.com</a></b>
<b>ENTRY FEE</b>	<b>Individual \$6 Relays \$12 Athlete Surcharge \$10</b>
<b>ELIGIBILITY:</b>	Closed meet ASCSC Members only All swimmers participating in this meet must be registered by the first day of the meet. Age on April 18 <sup>th</sup> 2020 will determine age for the entire meet.
<b>DISABILITY SWIMMERS:</b>	Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
<b>AUDIO/VISUAL STATEMENT:</b>	Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Drone use is prohibited
<b>COACHES:</b>	In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
<b>AWARDS:</b>	<b>3 TOP TEAMS</b> 10&U AND 11-12 MEDALS 1-10 HIGH POINT FOR EACH AGE GROUP AND GENDER
<b>OFFICIALS:</b>	<b>Meet Referee: <a href="#">Paul Longo</a></b>
<b>MEET DIRECTOR:</b>	<b><a href="#">Eric Fisher</a></b> <b>631-807-3525</b>
<b>RULES:</b>	The current USA Swimming Rules and Regulations will apply. <b>The USA Swimming Code of Conduct is in effect for the duration of the meet.</b> The overhead start procedure may be used at the discretion of the meet Referee.

**SAFETY:**

Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

**DISCLAIMER:**

Upon acceptance of his/her entries, the participant waives all claims against ASCSC, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.

It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

**GATE \$7 PROGRAM \$3 PER SESSION**

**ADMISSION:**

**Warm UP Assignments/timing assignments:**

**Lane 1 FA**

**Lane 2 TVSC**

**Lane 3 TVSC**

**Lane 4 TVSC**

**Lane 5 TS**

**Lane 6 TS / CSDC**

**Lane 7 SSC**

**Lane 8 HAA**

**Lane 9 WISC**

**Lane 10 H Y B**

**Teams will time in their assigned warm up lanes**

**Teams will provide 2 timers in the lane listed above  
for prelims and finals each day**

**FA, HAA, HYB, SSC, WISC - 1 Meet Marshall each session  
CSDC will work Gate**

**Saturday April 18<sup>th</sup>**

**Prelims: 8am Warm up 9am Start**

**Finals: 4pm Warm up 5pm Start**

**All relays swim in Finals Session**

**10 & Under 100 IM**

**11-12 100 IM**

**15-18 100 Fly**

**13-14 100 Fly**

**11-12 100 Fly**

**10 & Under 50 Fly**

**15-18 100 Back**

**13-14 100 Back**

**11-12 100 Back**

**10 & Under 50 Back**

**15-18 200 Medley Relay**

**13-14 200 Medley Relay**

**11-12 200 Medley Relay**

**10 & Under 200 Medley Relay**

**Sunday April 19<sup>th</sup>**

**Prelims: 8am Warm up 9am Start**

**Finals: 4pm Warm up 5pm Start**

**All relays swim in Finals Session**

**Senior Graduation ceremony Promptly at 5pm**

**13-14 100 IM**

**15-18 100 IM**

**10 and under 50 breast**

**11-12 100 Breast**

**13-14 100 Breast**

**15-18 100 Breast**

**10 and Under 50 Free**

**11-12 100 Free**

**13-14 100 Free**

**15-18 100 Free**

**10 and Under 200 Free Relay**

**11-12 200 Free Relay**

**13-14 200 Free Relay**

**15-18 200 Free Relay**

# ASCSC County Championships Qualifying Times

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
<b>36.99</b>	<b>10 &amp; Under 50 Free</b>	<b>36.99</b>
<b>44.99</b>	<b>10 &amp; Under 50 Back</b>	<b>44.99</b>
<b>51.99</b>	<b>10 &amp; Under 50 Breast</b>	<b>53.99</b>
<b>48.99</b>	<b>10 &amp; Under 50 Fly</b>	<b>48.99</b>
<b>1:37.99</b>	<b>10 &amp; Under 100 IM</b>	<b>1:37.99</b>
<b>1:07.99</b>	<b>11&amp;12 100 Free</b>	<b>1:10.99</b>
<b>1:19.09</b>	<b>11&amp;12 100 Back</b>	<b>1:18.99</b>
<b>1:31.99</b>	<b>11&amp;12 100 Breast</b>	<b>1:35.99</b>
<b>1:27.99</b>	<b>11&amp;12 100 Fly</b>	<b>1:28.99</b>
<b>1:17.69</b>	<b>11&amp;12 100 IM</b>	<b>1:16.19</b>
<b>1:01.99</b>	<b>13 &amp; 14 100 Free</b>	<b>58.99</b>
<b>1:09.99</b>	<b>13 &amp; 14 100 Back</b>	<b>1:13.59</b>
<b>1:23.99</b>	<b>13 &amp; 14 100 Breast</b>	<b>1:24.99</b>
<b>1:15.99</b>	<b>13 &amp; 14 100 Fly</b>	<b>1:16.59</b>
<b>2:32.99</b>	<b>13 &amp; 14 200 IM</b>	<b>2:34.59</b>
<b>58.99</b>	<b>15 – 18 100 Free</b>	<b>53.99</b>
<b>1:07.99</b>	<b>15 – 18 100 Back</b>	<b>1:03.99</b>
<b>1:19.99</b>	<b>15 – 18 100 Breast</b>	<b>1:13.99</b>
<b>1:07.99</b>	<b>15 – 18 100 Fly</b>	<b>1:01.99</b>
<b>2:20.99</b>	<b>15 – 18 200 IM</b>	<b>2:13.99</b>

*\* For 13 & Over, swimmers will qualify to compete in the 100 IM using their 200 IM time*