

Newburgh Sharks Trials & Finals Team Invitational January 13-15 2023
Sanction 230102

## **Invited Teams**

All Metropolitan LSC Teams, Regional Y of Western CT, Ithaca Aquatics, Connecticut Aquatic Club, Schenectady Sharks, Victor Aquatic Club
Additional teams may request an invitation if space allows.

# Newburgh Sharks Trials and Finals Team Invitational January 13-15 2023

**SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., Sanction #230102

LOCATION: Valley Central Natatorium

1175 NY-Rt 17K, Montgomery NY 12549

FACILITY: Valley Central High School Natatorium is a 25-Yard pool with 8 lanes, non-turbulent lane dividers, and

Colorado Timing System and Scoreboard. There is seating for 350 spectators.

The pool has not been certified in accordance with Article 104.2.2C (4). Athletes, parents and children are restricted from the pool area and spectators stands and are not authorized to be in any other part

of the building. Offenders will be ejected from the facility.

SESSIONS: Session 1: Warm-up 4:00pm, Meet Starts 4:45 pm (Timed Finals)

Session 2: Warmup No earlier than 7:00 pm, Meet Start 7:30 pm Session 3: Warm-up 8:00am Meet Starts 9:30 am (Prelims)

Session 4: Warm-up 1:30 pm Meet Starts 2:30 pm (Timed Finals)

Session 5: Warmup 5:30 pm Meet Starts 6:15 pm (Finals) Session 6: Warmup 8:00 am Meet Starts 9:30 am (Prelims) Session 7: Warmup 1:30 pm Meet Starts 2:30 pm (Timed Finals)

Session 8: Warmup 5:30 pm Meet Starts 6:15 pm (Finals)

FORMAT: Session 1, 2, 4, and 7 are timed final events. Session 3 and 6 are prelim events. Session 5 and

8 are final events.

Seeding will be conducted at the beginning of session 1, 2, 3, 6, and 7 utilizing a scratch sheet procedure. The top 16 swimmers in each event from session 3 and 6 will swim in finals at night.

**ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.

All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

Age on January 13th, 2023 will determine age for the entire meet.

**DISABILITY** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special

**SWIMMERS:** consideration.

The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability

prior to the competition.

ENTRIES: Swimmers may enter 1 event in Friday night's timed final session. If swimming in a

Prelims/Finals session a swimmer may compete in no more than 3 events per session. Swimmers may enter a maximum of three events in sessions 4 and 7. Entries will be entered

on a first come, first serve basis as the timeline permits. All entries must be submitted with Hy-Tek Team Manager.

U.S. Mail Entries/Payment to: Patrick Kavanagh

140 Dogwood Lane. Newburgh, NY 12550

Email Entries/Confirm Entry Receipt: admin@nbsharks.com

Signature waiver required if sending express mail.

DEADLINE: Entries must be received by: January 6, 2023

An email confirming receipt of entries if you provide an email contact. Please contact the Meet

Director if you do not receive such a report within 2 days of your original email.

**ENTRY FEE:** An entry fee of \$5.00 per timed final individual events, \$6.00 per prelim and final individual events,

and \$10.00 per relay must accompany the entries.

Make check payable to: Newburgh Sharks

Payment must be received by January 13<sup>th</sup>, 2022 for email entries. Payment must be included with all

mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the

meet.

WARM-UP: General warm-up procedures will be in effect.

SCRATCHES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later

than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session. Metropolitan Swimming

scratch rules will be in effect for prelim and final events.

**COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid

USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who

do not possess these credentials will be required to leave the deck area.

AWARDS: Custom bag tags for the first six places in individual events and the first three places in relay

events will be awarded to the 10 & Under and 11-12 Age Groups. Awards for the first three places in individual events will be awarded for 13-14 and Open events. This meet will also be team scored (16 places in individual events and 3 places in relay events). Custom plaques will

be awarded to the top three teams based on points scored.

**OFFICIALS:** Meet Referee: Felicity Marinello; flickdance@msn.com. Officials wishing to volunteer should contact

Meet Referee by January 6, 2023.

Admin Official: Patrick Kavanagh; admin@nbsharks.com

MEET Patrick Kavanagh
DIRECTOR: Phone: 914-522-1964

Email: admin@nbsharks.com

**RULES:** The current USA Swimming Rules and Regulations will apply.

The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

**SAFETY:** Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this

meet.. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by

ensure compliance with this requirement. "Operation of a drone, or any other flying

apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open

a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to

ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present."

MAAPP

"All adults participating in or associated with this meet, acknowledge that they are subject to the

"All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they

understand that compliance with MAAPP is a condition of participation in the conduct of this

competition..

**WATER DEPTH:** USA 2011 - 202.3.7 The water depth is 3 feet 6inches at the shallow end and 12 feet at the deep end.

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against the Newburgh Sharks, Valley Central School District, Metropolitan Swimming Inc., USA Swimming

Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."\*\*An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC]

AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER

REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION

DECK CHANGING: Deck changes are prohibited.

AUDIO/VISUAL:

Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas,

rest rooms, locker rooms, or behind the blocks.

ADMISSION:

\$7.00 per prelim and timed final session. \$5.00 for meet program.

\$5.00 for timed final sessions, \$5.00 for meet program

\$10.00 for 13 and over session and 12 and under session combination

MERCHANTS: There will be a food concession open for the duration of the meet.

PARKING:

There is ample parking at Valley Central High School

#### **ORDER OF SWIMMING EVENTS:**

## Session 1: Friday PM Warm-up 4:00 PM/Meet Starts 4:45 PM

#### **TIMED FINALS**

GIRLS' EVENT	EVENT DESCRIPTION	BOYS' EVENT
1	OPEN 500 FREESTYLE	2
3	OPEN 400 IM	4
	Session 2: Friday PM	
	Warmup 7:00 PM/Meet Starts 7:30 PM	
5	12 & Under 200 FREESTYLE	6
7	12 & Under 200 IM	8

## Session 3: Saturday AM Warm-up 8:00Am/Meet Starts @ 9:30 AM

#### **Prelims**

9	13/14 200 I.M.	10
11	OPEN 200 I.M.	12
13	13/14 100 BREASTSTROKE	14
15	OPEN 100 BREASTSTROKE	16
17	13/14 200 BUTTERFLY	18
19	OPEN 200 BUTTERFLY	20
21	13/14 100 FREESTYLE	22
23	OPEN 100 FREESTYLE	24
25	13/14 200 BACKSTROKE	26
27	OPEN 200 BACKSTROKE	28

## Session 4: Saturday Afternoon Warm-up 1:30 PM/Meet Starts 2:30 PM

## **Timed Finals**

29	10 & U 50 FREESTYLE	30
31	11/12 50 FREESTYLE	32
33	10 & U 100 BACKSTROKE	34
35	11/12 100 BACKSTROKE	36
37	10 & U 50 BREASTSTROKE	38
39	11/12 50 BREASTSTROKE	40
41	10 & U 100 I.M.	42
43	11/12 100 BUTTERFLY	44
45	10 & U 100 BUTTERFLY	46
47	TIMED FINALS 11/12 200 FREESTYLE RELAY	40
47 49	10 & U 200 FREESTYLE RELAY	48 50
49	10 & U 200 FREEST LE RELAT	30
	Session 6: Sunday AM	
	Warm-up 8:00 AM/Meet Starts 9:30 AM	
	Prelims	
51	13/14 200 BREASTSTROKE	52
53	OPEN 200 BREASTSTROKE	54
55	13/14 50 FREESTYLE	56
57	OPEN 50 FREESTYLE	58
59	13/14 100 BUTTERFLY	60
61	OPEN 100 BUTTERFLY	62
63	13/14 200 FREESTYLE	64
65	OPEN 200 FREESTYLE	66
67	13/14 100 BACKSTROKE	68
69	OPEN 100 BACKSTROKE	70
	Session 7: Sunday Afternoon	
	Warm-up 1:30 PM/Meet Starts 2:30 PM	
	Timed Finals	
71	11/12 100 FREESTYLE	72
73	10 & U 100 FREESTYLE	74
75	11/12 50 BACKSTROKE	76
77	10 & U 50 BACKSTROKE	78
79	11/12 100 BREASTSTROKE	80
81	10 & U 100 BREASTSTROKE	82
83	11/12 50 BUTTERFLY	84
85	10 & U 50 BUTTERFLY	86
87	11/12 100 I.M.	88
90	TIMED FINALS	00
89	10 & U 200 MEDLEY RELAY	90
91	11/12 200 MEDLEY RELAY	92

## **SCHEDULE OF EVENTS**

## Session 5: Saturday Evening Warm-Up 5:30 PM Meet Starts 6:15 PM

#### **Finals**

GIRLS' EVENT	EVENT DESCRIPTION	BOYS' EVENT
9	13/14 200 I.M.	10
11	OPEN 200 I.M.	12
13	13/14 100 BREASTSTROKE	14
15	OPEN 100 BREASTSTROKE	16
17	13/14 200 BUTTERFLY	18
19	OPEN 200 BUTTERFLY	20
21	13/14 100 FREESTYLE	22
23	OPEN 100 FREESTYLE	24
25	13/14 200 BACKSTROKE	26
27	OPEN 200 BACKSTROKE	28

## Session 8: Sunday Evening Warm-up 5:30 PM/Meet Starts 6:15 P.M.

## **Finals**

GIRLS' EVENT	<b>EVENT DESCRIPTION</b>	BOYS' EVENT
51	13/14 200 BREASTSTROKE	52
53	OPEN 200 BREASTSTROKE	54
55	13/14 50 FREESTYLE	56
57	OPEN 50 FREESTYLE	58
59	13/14 100 BUTTERFLY	60
61	OPEN 100 BUTTERFLY	62
63	13/14 200 FREESTYLE	64
65	OPEN 200 FREESTYLE	66
67	13/14 100 BACKSTROKE	68
69	OPEN 100 BACKSTROKE	70