

## 2023 Metro Silver Championships South

Hosted by:
Three Village Swim Club
February 24th through 26th, 2023
Sanction \# 230211 \& 230260-T
Sponsored by:


We have taken enhanced health and safety measures - for you, our guests, volunteers and employees. Everyone must follow all posted instructions while attending this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending this event, you voluntarily assume all risks related to exposure to COVID-19.

The following teams can participate in Silvers South:
Connetquot Swim Club, East Hampton YMCA, Eastern Nassau Aquatic Club, Farmingdale Swim Club, Hauppauge Aquatic Association, Huntington YMCA, Islanders Aquatics, Long Island Aquatic Club, Sachem Swim Club, Team Suffolk, Three Village Swim Club, and West Islip Swim Club.

## 2023 Metro Silver Championships South

Friday Evening February $\mathbf{2 4}^{\text {th }}$, Saturday February $\mathbf{2 5}^{\text {th }}$ and Sunday February $\mathbf{2 6}^{\text {th }}$, 2023

SANCTION:

## LOCATION:

## FACILITY:

## SESSIONS:

## FORMAT:

## ELIGIBILITY:

## ENTRIES:

Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., \# 230211 \& 230260-T
Ward Melville High School, 380 Old Town Road, East Setauket, NY 11733
The pool at Ward Melville HS is 25 yards and has 6 lanes with non-turbulent lane lines.
Colorado Electronic Timing System and 6 lane electronic scoreboard will be used.
The pool has not been certified in accordance with Article 104.2.2C (4)

## TENTATIVE WARM UP TIMES:

Friday Evening: 5 pm warm up, 6 pm start
Saturday \& Sunday: AM session 6:30 am warmup, 8:05 am start.
Saturday and Sunday: PM session 1:30 pm warmup, 3:05 pm start.
Warm up and Session times may be adjusted based on entries received. Any changes in warm up/session times will be posted 1 week before the start of the meet.

This meet is a timed finals format. Entries must comply with 2023 Silvers Championships time standards as published by Metro Swimming (copy of which is included in the meet packet). This is a championship meet and there will be no cuts, but to be accepted, all entries must be received by the cut-off date.

Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. "Deck Registrations" will NOT be accepted

Age on February 24, 2023 will determine age for the entire meet.
Qualifying times must be achieved between January 1, 2022, and the entry deadline.
No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

As voted on at the BOD of February 28, 2013: If a swimmer ages-up to a new age group between the first day of Silvers (February 24, 2023) and the first day of MRAG's (March 10, 2023), and that swimmer has a MRAG qualifying time in the age group they are during Silvers (making that swimmer ineligible to swim at Silvers), but that swimmer does not have a MRAG qualifying time in that same event in the new age group by the meet extension deadline of MRAG's, that swimmer would be able to swim that event as exhibition/non award at Silvers.
Example: Jane Doe is 10 -year-old as of February 24 on the first day of Silvers; her time in the 50 free is 31.00 (which is a MRAG time in the 50 free) so she can't swim that event at Silvers. Now her 31.00 in the 50 free is too slow for MRAG's in the 11-12 age group. So now under this proposal, Jane would be allowed to swim the 50 free at Silvers in the 11-12 age group as Exhibition only.
Entries for that swimmer should be clicked as X (exhibition) in Team Manager. In addition, the name of the swimmers involved in this new rule, should be clearly added in the text of the Silvers Entries.

Swimmers may be entered in a maximum of 2 individual events for the Friday night session, 5 maximum individual events for each of the Saturday and Sunday sessions. All entries must be in yards. NT's will not be accepted. Events must have been swum at least once before. A SWIMS Times Recon will be done at least one week prior to the meet. Times must have been achieved within the qualifying time period and must be in the SWIMS database. Entry times not found in the SWIMS will be scratched. Times cannot be converted times. Time trials will only be run if time allows and at the discretion of the Meet Director and Meet Referee. Swimmers are permitted no more than 2 time trials for entire meet and they will count towards the 5 event per day maximum per swimmer. The cost is $\$ 15.00$ per time trial and must be paid in cash.

A Team Manager Report, with proof of times, must accompany the entries.
Entries: preferred method is via e-mail using Hytek Software.
U.S. Mail: Entries/Payment to: Three Village Swim Club

## Email Entries/Confirm Entry Receipt: mark.anderson@tvsc.org

TVSC may waive meet entry fees and facility surcharge for registered outreach swimmers. Coaches should contact the meet director and identify register swimmers whom they wish considered for waiver of fees when submitting meet entries.

## ENTRY FEE:

## WARM-UP:

SCRATCHES:

DISABILITY SWIMMERS:

DEADLINE:

## COACHES:

AWARDS:

An entry fee of $\$ 7.50$ per individual event, plus $\$ 1.00$ Metro Surcharge $\& \$ 4.00$ per athlete facility surcharge must accompany the entries.

## Make check payable to: Three Village Swim Club.

Payment must be received by February 24, 2023 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

First 70 minutes will be general warm-up. Lane assignments will be given at meet. Last 15 minutes: 2 or more lanes will be open for one-way sprint. All other lanes will remain open for general warm-up.

Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 45 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

Metropolitan Scratch Procedures will be followed. Please consult your GUIDELINES. Coaches must make sure their swimmers understand that once they are scratched, they will not be reentered in the meet. Coaches, advise your swimmers to leave plenty of time for traffic, etc. The coach of a swimmer that was seeded in an event and is a NO SHOW (NS) in the event, must positively check the swimmer for the next days events in order for that swimmer to be eligible to compete in the rest of the meet.

Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require.

1: This is a Metro Championship Meet (Metro South Teams Only).
2: The final entry deadline for this meet is February 14, 2023.
3: Only new Silver cuts achieved from February 15, 2023 through February 23, 2023 will be added. No updates of times.

An email confirming receipt of entries will be sent if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

Individual awards will be medals $1^{\text {st }}$ through $3^{\text {rd }}$ and ribbons $4^{\text {th }}$ through $6^{\text {th }}$. Overachiever awards will be given for all first time MRAG cuts.

Awards can only be picked up by a coach during the meet. Any awards not picked up will NOT be mailed.

## OFFICIALS:

MEET REFEREE:

Jacky Spierer, email: musi0939@aol.com, phone: 631-374-3240, Officials wishing to volunteer should contact Meet Referee by February 9, 2023.

RULES:

## SAFETY:

## MAAPP POLICY:

## WATER DEPTH:

## DISCLAIMER:

## AUDIO/VISUAL STATEMENT:

DECK CHANGING:

## ADMISSION:

MERCHANTS:

The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
All swimmers must wear footwear upon leaving the pool area. Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. "Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement"

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is condition of participation in the conduct of this competition.

USA 2011-202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet $31 / 2$ inches ( 1.0 meter) to 16 feet 5 inches ( 5.0 meters) from both end walls."
Shallow end 4ft to Deep End 12 ft
Upon acceptance of his/her entries, the participant waives all claims against Three Village Swim Club, Three Village Central School District, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS Three Village Swim Club, Three Village Central School District, Metropolitan Swimming Inc., USA Swimming Inc., AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION

Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting block's
"Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present."

Deck changes are prohibited.
Adults $\$ 8.00$ and Program $\$ 2.00$ per session
A complete snack bar will be available in the cafeteria. For the Friday Evening Session, it will be limited selections. There will be a vendor selling swim items as well.

PARKING:

DIRECTIONS: Long Island Expressway to exit 62 (Nicolls Road), North on Nicolls Rd. to Route 347, right (east) on Route 347 to Old Town Road, left (north) on Old Town Road $1 / 2$ mile.
High School is on the left, pool is on the North side of the building.

## SCHOOL DISTRICT RULES:

All parking will be at the NORTH side of the building. The NORTH parking lot is closest to the pool entrance. The NORTH parking lot extends along the tennis courts and there is substantial parking beyond the tennis courts.

Ward Melville High School is a smoke free campus.
No parking in front of the pool lobby (Fire Zone).

Access limited to the pool and lobby area only. No food or beverages in glass containers are allowed in the pool areas. Failure to observe this rule could result in a swimmer or spectator being ejected and all fees and awards forfeited.

Fri, Sat \& Sun-Feb 24, 25 \& 26

## Session 1 - Friday 5:00 PM Warmup 6:05 PM Start

| Event | Slivers Qualifying Time | Silvers Max Time |
| :--- | :---: | :---: |
| Event 101 Girls 9\&U 500 Free | $7: 04.99$ | $6: 58.00$ |
| Event 101 Girls 10 500 Free | $7: 04.99$ | $6: 41.00$ |
| Event 102 Boys 9\&U 500 Free | $7: 05.99$ | $6: 58.00$ |
| Event 102 Boys 10 500 Free | $7: 05.99$ | $6: 46.00$ |
| Event 103 Girls 11 200 Free | $2: 25.89$ | $2: 15.90$ |
| Event 103 Girls 12 200 Free | $2: 25.89$ | $2: 11.50$ |
| Event 104 Boys 11 200 Free | $2: 25.99$ | $2: 15.00$ |
| Event 104 Boys 12 200 Free | $2: 25.99$ | $2: 10.60$ |
| Event 105 Girls 13 400 IM | $5: 25.99$ | $5: 02.40$ |
| Event 105 Girls 14 400 IM | $5: 25.99$ | $4: 57.60$ |
| Event 106 Boys 13 400 IM | $5: 09.79$ | $4: 47.80$ |
| Event 106 Boys 14 400 IM | $5: 50.99$ | $5: 39.80$ |
| Event 107 Girls 11 400 IM | $5: 50.99$ | $5: 20.20$ |
| Event 107 Girls 12 400 IM | $5: 52.99$ | $5: 28.20$ |
| Event 108 Boys 11 400 IM | $5: 52.99$ | $5: 20.20$ |
| Event 108 Boys 12 400 IM | $5: 23.29$ | $5: 00.00$ |
| Event 109 Girls 15-18 400 IM | $4: 45.89$ | $4: 36.00$ |
| Event 110 Boys 15-18 400 IM | $5: 50.59$ | $5: 33.00$ |
| Event 111 Girls 13 500 Free | $5: 50.59$ | $5: 27.00$ |
| Event 111 Girls 14 500 Free | $5: 50.99$ | $5: 24.00$ |
| Event 112 Boys 13 500 Free | $5: 50.99$ | $5: 14.00$ |
| Event 112 Boys 14 500 Free | $5: 39.99$ | 08.00 |
| Event 113 Girls 15-18 500 Free |  |  |
| Event 114 Boys 15-18 500 Free |  |  |

Session 2 - Saturday 6:30 AM Warmup 8:05 AM Start

| Event | Slivers Qualifying Time | Silvers Max Time |
| :---: | :---: | :---: |
| Event 201 Girls 13200 Free | 2:16.99 | 2:05.20 |
| Event 201 Girls 14200 Free | 2:16.99 | 2:02.80 |
| Event 202 Boys 13200 Free | 2:14.19 | 2:00.40 |
| Event 202 Boys 14200 Free | 2:14.19 | 1:56.00 |
| Event 203 Girls 9\&U 50 Breast | 47.79 | 44.30 |
| Event 203 Girls 1050 Breast | 47.79 | 42.70 |
| Event 204 Boys 9\&U 50 Breast | 48.59 | 44.30 |
| Event 204 Boys 1050 Breast | 48.59 | 43.10 |
| Event 205 Girls 13100 Breast | 1:23.49 | 1:14.60 |
| Event 205 Girls 14100 Breast | 1:23.49 | 1:13.40 |
| Event 206 Boys 13100 Breast | 1:16.69 | 1:10.70 |
| Event 206 Boys 14100 Breast | 1:16.69 | 1:08.70 |
| Event 207 Girls 9\&U 50 Free | 35.19 | 33.40 |
| Event 207 Girls 1050 Free | 35.19 | 31.90 |
| Event 208 Boys 9\&U 50 Free | 35.19 | 33.40 |
| Event 208 Boys 1050 Free | 35.19 | 31.80 |
| Event 209 Girls 1350 Free | 28.79 | 26.50 |
| Event 209 Girls 1450 Free | 28.79 | 26.10 |
| Event 210 Boys 1350 Free | 26.79 | 25.40 |
| Event 210 Boys 1450 Free | 26.79 | 24.40 |
| Event 211 Girls 9\&U 100 Back | 1:33.09 | 1:22.10 |
| Event 211 Girls 10100 Back | 1:33.09 | 1:19.70 |
| Event 212 Boys 9\&U 100 Back | 1:37.09 | 1:23.20 |
| Event 212 Boys 10100 Back | 1:37.09 | 1:20.80 |
| Event 213 Girls 13100 Back | 1:12.69 | 1:05.20 |
| Event 213 Girls 14100 Back | 1:12.69 | 1:04.00 |
| Event 214 Boys 13100 Back | 1:08.29 | 1:03.20 |
| Event 214 Boys 14100 Back | 1:08.29 | 1:01.20 |
| Event 215 Girls 9\&U 50 Fly | 42.39 | 37.00 |
| Event 215 Girls 1050 Fly | 42.39 | 35.80 |
| Event 216 Boys 9\&U 50 Fly | 43.89 | 37.00 |
| Event 216 Boys 1050 Fly | 43.89 | 35.80 |
| Event 217 Girls 13100 Fly | 1:11.59 | 1:04.10 |
| Event 217 Girls 14100 Fly | 1:11.59 | 1:02.90 |
| Event 218 Boys 13100 Fly | 1:07.09 | 1:01.70 |
| Event 218 Boys 14100 Fly | 1:07.09 | 59.50 |
| Event 219 Girls 9\&U 200 IM | 3:13.99 | 2:55.20 |
| Event 219 Girls 10200 IM | 3:13.99 | 2:50.40 |
| Event 220 Boys 9\&U 200 IM | 3:13.99 | 2:57.20 |
| Event 220 Boys 10200 IM | 3:13.99 | 2:52.40 |
| Event 221 Girls 13200 IM | 2:41.49 | 2:21.20 |
| Event 221 Girls 14200 IM | 2:41.49 | 2:18.80 |
| Event 222 Boys 13200 IM | 2:31.09 | 2:15.40 |
| Event 222 Boys 14200 IM | 2:31.09 | 2:11.00 |

Session 3 - Saturday 1:30 PM Warmup 3:05 PM Start

| Event | Slivers Qualifying Time | Silvers Max Time |
| :---: | :---: | :---: |
| Event 301 Girls 11200 Breast | 3:11.19 | 2:58.00 |
| Event 301 Girls 12200 Breast | 3:11.19 | 2:53.60 |
| Event 302 Boys 11200 Breast | 3:03.49 | 2:58.00 |
| Event 302 Boys 12200 Breast | 3:03.49 | 2:53.60 |
| Event 303 Girls 15-18 200 Free | 2:10.59 | 2:02.50 |
| Event 304 Boys 15-18 200 Free | 1:57.99 | 1:52.50 |
| Event 305 Girls 11100 Back | 1:19.49 | 1:10.70 |
| Event 305 Girls 12100 Back | 1:19.49 | 1:08.50 |
| Event 306 Boys 11100 Back | 1:17.49 | 1:11.00 |
| Event 306 Boys 12100 Back | 1:17.49 | 1:08.80 |
| Event 307 Girls 15-18 100 Breast | 1:20.89 | 1:14.00 |
| Event 308 Boys 15-18 100 Breast | 1:10.89 | 1:05.70 |
| Event 309 Girls 1150 Free | 30.99 | 29.00 |
| Event 309 Girls 1250 Free | 30.99 | 27.90 |
| Event 310 Boys 1150 Free | 30.69 | 28.90 |
| Event 310 Boys 1250 Free | 30.69 | 27.80 |
| Event 311 Girls 15-18 50 Free | 28.59 | 26.30 |
| Event 312 Boys 15-18 50 Free | 25.19 | 23.70 |
| Event 313 Girls 1150 Breast | 40.59 | 37.70 |
| Event 313 Girls 1250 Breast | 40.59 | 36.60 |
| Event 314 Boys 1150 Breast | 40.29 | 37.60 |
| Event 314 Boys 1250 Breast | 40.29 | 36.50 |
| Event 315 Girls 15-18 100 Back | 1:10.09 | 1:04.50 |
| Event 316 Boys 15-18100 Back | 1:03.89 | 58.80 |
| Event 317 Girls 1150 Fly | 34.59 | 31.70 |
| Event 317 Girls 1250 Fly | 34.59 | 30.30 |
| Event 318 Boys 1150 Fly | 34.69 | 32.00 |
| Event 318 Boys 1250 Fly | 34.69 | 30.90 |
| Event 319 Girls 15-18 100 Fly | 1:09.59 | 1:03.00 |
| Event 320 Boys 15-18 100 Fly | 1:02.59 | 57.00 |
| Event 321 Girls 11200 IM | 2:48.09 | 2:32.00 |
| Event 321 Girls 12200 IM | 2:48.09 | 2:27.60 |
| Event 322 Boys 11200 IM | 2:47.99 | 2:32.00 |
| Event 322 Boys 12200 IM | 2:47.99 | 2:27.60 |
| Event 323 Girls 15-18 200 IM | 2:29.99 | 2:19.00 |
| Event 324 Boys 15-18 200 IM | 2:27.79 | 2:07.00 |
| Event 325 Girls 11200 Back | 2:46.99 | 2:34.00 |
| Event 325 Girls 12200 Back | 2:46.99 | 2:29.60 |
| Event 326 Boys 11200 Back | 2:42.79 | 2:37.00 |
| Event 326 Boys 12200 Back | 2:42.79 | 2:32.60 |

Session 4 - Sunday 6:30 AM Warmup 8:05 AM Start

| Event | Slivers Qualifying Time | Silvers Max Time |
| :---: | :---: | :---: |
| Event 401 Girls 9\&U 100 Free | 1:18.49 | 1:12.60 |
| Event 401 Girls 10100 Free | 1:18.49 | 1:10.20 |
| Event 402 Boys 9\&U 100 Free | 1:18.49 | 1:12.60 |
| Event 402 Boys 10100 Free | 1:18.49 | 1:10.20 |
| Event 403 Girls 13100 Free | 1:03.09 | 57.70 |
| Event 403 Girls 14100 Free | 1:03.09 | 56.40 |
| Event 404 Boys 13100 Free | 59.59 | 55.20 |
| Event 404 Boys 14100 Free | 59.59 | 53.00 |
| Event 405 Girls 9\&U 50 Back | 41.89 | 38.50 |
| Event 405 Girls 1050 Back | 41.89 | 36.90 |
| Event 406 Boys 9\&U 50 Back | 42.89 | 38.50 |
| Event 406 Boys 1050 Back | 42.89 | 37.30 |
| Event 407 Girls 13200 Back | 2:36.29 | 2:19.50 |
| Event 407 Girls 14200 Back | 2:36.29 | 2:17.10 |
| Event 408 Boys 13200 Back | 2:27.09 | 2:15.90 |
| Event 408 Boys 14200 Back | 2:27.09 | 2:11.90 |
| Event 409 Girls 9\&U 100 Breast | 1:46.19 | 1:34.60 |
| Event 409 Girls 10100 Breast | 1:46.19 | 1:32.20 |
| Event 410 Boys 9\&U 100 Breast | 1:48.39 | 1:36.60 |
| Event 410 Boys 10100 Breast | 1:48.39 | 1:34.20 |
| Event 411 Girls 13200 Breast | 2:56.99 | 2:41.20 |
| Event 411 Girls 14200 Breast | 2:56.99 | 2:38.80 |
| Event 412 Boys 13200 Breast | 2:47.89 | 2:33.40 |
| Event 412 Boys 14200 Breast | 2:47.89 | 2:29.40 |
| Event 413 Girls 9\&U 100 Fly | 1:37.99 | 1:28.20 |
| Event 413 Girls 10100 Fly | 1:37.99 | 1:25.20 |
| Event 414 Boys 9\&U 100 Fly | 1:37.99 | 1:28.20 |
| Event 414 Boys 10100 Fly | 1:37.99 | 1:25.80 |
| Event 415 Girls 13200 Fly | 2:36.59 | 2:27.20 |
| Event 415 Girls 14200 Fly | 2:36.59 | 2:24.80 |
| Event 416 Boys 13200 Fly | 2:29.59 | 2:20.40 |
| Event 416 Boys 14200 Fly | 2:29.59 | 2:16.40 |
| Event 417 Girls 9\&U 100 IM | 1:28.59 | 1:23.40 |
| Event 417 Girls 10100 IM | 1:28.59 | 1:20.20 |
| Event 418 Boys 9\&U 100 IM | 1:28.59 | 1:23.40 |
| Event 418 Boys 10100 IM | 1:28.59 | 1:20.20 |
| Event 419 Girls 9\&U 200 Free | 2:49.59 | 2:37.20 |
| Event 419 Girls 10200 Free | 2:49.59 | 2:30.40 |
| Event 420 Boys 9\&U 200 Free | 2:49.59 | 2:37.20 |
| Event 420 Boys 10200 Free | 2:49.59 | 2:32.40 |

## Session 5 - Sunday 1:30 PM Warmup 3:05 PM Start

| Event | Slivers Qualifying Time | Silvers Max Time |
| :---: | :---: | :---: |
| Event 501 Girls 11200 Fly | 2:49.39 | 2:44.00 |
| Event 501 Girls 12200 Fly | 2:49.39 | 2:39.60 |
| Event 502 Boys 11200 Fly | 2:45.39 | 2:44.00 |
| Event 502 Boys 12200 Fly | 2:45.39 | 2:39.60 |
| Event 503 Girls 11100 Free | 1:08.29 | 1:02.50 |
| Event 503 Girls 12100 Free | 1:08.29 | 1:00.30 |
| Event 504 Boys 11100 Free | 1:06.99 | 1:02.00 |
| Event 504 Boys 12100 Free | 1:06.99 | 1:00.10 |
| Event 505 Girls 15-18 100 Free | 1:01.09 | 57.00 |
| Event 506 Boys 15-18 100 Free | 54.49 | 51.50 |
| Event 507 Girls 1150 Back | 36.09 | 33.00 |
| Event 507 Girls 1250 Back | 36.09 | 31.90 |
| Event 508 Boys 1150 Back | 36.09 | 33.00 |
| Event 508 Boys 1250 Back | 36.09 | 31.90 |
| Event 509 Girls 15-18 200 Back | 2:29.29 | 2:20.00 |
| Event 510 Boys 15-18 200 Back | 2:16.89 | 2:09.00 |
| Event 511 Girls 11100 Breast | 1:28.69 | 1:21.00 |
| Event 511 Girls 12100 Breast | 1:28.69 | 1:18.80 |
| Event 512 Boys 11100 Breast | 1:26.49 | 1:21.00 |
| Event 512 Boys 12100 Breast | 1:26.49 | 1:18.80 |
| Event 513 Girls 15-18 200 Breast | 2:50.99 | 2:41.00 |
| Event 514 Boys 15-18 200 Breast | 2:36.79 | 2:26.00 |
| Event 515 Girls 11100 Fly | 1:19.39 | 1:11.50 |
| Event 515 Girls 12100 Fly | 1:19.39 | 1:08.60 |
| Event 516 Boys 11100 Fly | 1:17.59 | 1:12.70 |
| Event 516 Boys 12100 Fly | 1:17.59 | 1:10.50 |
| Event 517 Girls 15-18 200 Fly | 2:33.99 | 2:27.00 |
| Event 518 Boys 15-18 200 Fly | 2:24.99 | 2:12.00 |
| Event 519 Girls 11100 IM | 1:18.69 | 1:12.00 |
| Event 519 Girls 12100 IM | 1:18.69 | 1:09.80 |
| Event 520 Boys 11100 IM | 1:17.19 | 1:12.00 |
| Event 520 Boys 12100 IM | 1:17.19 | 1:09.80 |
| Event 521 Girls 11500 Free | 6:20.79 | 6:06.00 |
| Event 521 Girls 12500 Free | 6:20.79 | 5:55.00 |
| Event 522 Boys 11500 Free | 6:31.99 | 6:06.00 |
| Event 522 Boys 12500 Free | 6:31.99 | 5:55.00 |

## Metropolitan Swimming Photographer Registration Form

As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.
Name $\qquad$
Phone Number $\qquad$
Government ID (driver's license preferred) or USA Swimming Registration Card:
Type of ID $\qquad$ \# $\qquad$
Taking photos of $\qquad$
On behalf of $\qquad$
Purpose $\qquad$
Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).
Leave the deck when not actively photographing.
Respond immediately to direction from the Meet Referee.
Signature $\qquad$ Today's Date $\qquad$
Meet $\qquad$ Location $\qquad$
Date(s) of meet $\qquad$

