



## 2024 8 & Under St Patrick's Day Swim Meet

Sunday, March 17, 2024  
Stony Brook University  
Stony Brook, NY 11794

Sanction: 240307

Sponsored by:



We have taken enhanced health and safety measures – for you, our guests, volunteers and employees. Everyone must follow all posted instructions while attending this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending this event, you voluntarily assume all risks related to exposure to COVID-19.

**Invited Teams:** The following Metro teams are invited until each session has met the maximum either via timeline or capacity as required by NYS Regulations: **CSDC, HAA, IA, SSC, TS, WISC and TVSC.**

**Other Teams Interested:** Please contact [mark.anderson@tvsc.org](mailto:mark.anderson@tvsc.org) for an invite based on availability.

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 240307
- LOCATION:** Stony Brook University, 30 John S. Toll Drive, Stony Brook, NY 11794
- FACILITY:** The pool at Stony Brook University is 25 yards and has 6 lanes with non-turbulent lane lines. Colorado Electronic Timing System and 6 line electronic scoreboard will be used. The pool has not been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** Session 1: **8:15 AM** warm-up, **9:15 AM** start.  
Any changes in warm-up times will be posted 1 week before the start of the meet.
- FORMAT:** The meet is timed finals format.  
Deck seeding will be used.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.  
All swimmers participating in this meet must be registered by the first day of the meet.  
"Deck Registrations" will NOT be accepted.  
Age on **March 17, 2024** will determine age for the entire meet  
No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may be entered in a maximum of 4 individual events per session, and 1 relay event.  
All entries must be in yards. NT's will not be accepted.  
U.S. Mail Entries/Payment to: Three Village Swim Club  
PO BOX 224  
East Setauket, NY 11733  
Email Entries/Confirm Entry Receipt: [mark.anderson@tvsc.org](mailto:mark.anderson@tvsc.org)  
Signature waiver required for Express Mail payments.
- DEADLINE:** 1. Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **March 7, 2024**.  
2. The final entry deadline for this meet is **March 11, 2024**.  
Entries from other LSC's will be entered in the order they were received, as space allows.  
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** Entry fee is **\$7.50** per individual event, **\$15.00** per relay event.  
A Facility Surcharge of **\$15.00** per swimmer must accompany the entries.  
Make check payable to: Three Village Swim Club  
Payment must be received by **March 17th, 2024** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** Lane assignments will be given at meet prior to scheduled warm-up start.
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

**DECK CHANGING:** Deck changes are prohibited.

**COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

**AWARDS:** Individual awards will be medals 1<sup>st</sup> through 3<sup>rd</sup>, and ribbons 4<sup>th</sup> through 6<sup>th</sup>.  
Awards can only be picked up by a coach during the meet.

**OFFICIALS:**

**MEET REFEREE:** **Joshua Miller** - email: [tvsc.officials@gmail.com](mailto:tvsc.officials@gmail.com)  
**Jacky Spierer** - email: [musi0939@aol.com](mailto:musi0939@aol.com)  
Officials wishing to volunteer should contact Meet Referee by **March 7, 2024**.

**ADMIN. OFFICIAL:** **Annie Cheng-Chu** - email: [annie.chengchu@tvsc.org](mailto:annie.chengchu@tvsc.org)

**MEET DIRECTOR:** **Jonathan Brockman** - email: [jon.brockman@tvsc.org](mailto:jon.brockman@tvsc.org).

**RULES:** The current USA Swimming Rules and Regulations will apply.  
The USA Swimming Code of Conduct is in effect for the duration of the meet.  
The overhead start procedure may be used at the discretion of the meet Referee.

**SAFETY:** All swimmers must wear footwear upon leaving the pool area. Metropolitan Swimming Safety Guidelines and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. "Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement".

**MAAPP POLICY:** All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is condition of participation in the conduct of this competition.

**WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."  
Shallow End 4 ft. to Deep End 13 ft.

**AUDIO / VISUAL STATEMENT:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. The same devices are also not permitted behind the starting blocks. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against Three Village Swim Club, Stony Brook University, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."  
An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.  
USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS Three Village Swim Club, Three Village Central School District,

Metropolitan Swimming Inc., USA Swimming Inc., AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION

**ADMISSION:** Admission to all sessions is free. Programs are available at no charge via Meet Mobile.

**MERCHANTS:** A snack bar will be available in the lobby. For the Saturday Afternoon Session, it will be limited selections. We will have vendors selling swim items as well.

**PARKING:** Parking is located in the Kenneth P. LaValle Stadium parking lot.

**DIRECTIONS:** Take the Long Island Expressway (I-495) to exit 62N; follow Nicolls Road (Route 97) North for 9 miles. Enter campus via the West Campus Main Entrance. Make Right turn onto Circle Road. Make Left onto Stadium Rd and follow around to the stadium parking lot. The Pool is located to the left of the stadium - **Follow Signs to Pool.**

**For GPS:** Enter the address "100 Nicolls Road, Stony Brook, NY 11790"

| <b>GIRLS</b> | <b>SESSION 1 - SATURDAY</b><br>Warm-up 8:15 AM<br>Start 9:15 AM | <b>BOYS</b> |
|--------------|---|-------------|
| 1            | 8 & UNDER 50 Freestyle  | 2           |
| 3            | 8 & UNDER 50 Backstroke   | 4           |
| 5            | 8 & UNDER 25 Butterfly  | 6           |
| 7            | 8 & UNDER 25 Breaststroke                                       | 8           |
| 9            | 8 & UNDER 25 Freestyle  | 10          |
| 11           | 8 & UNDER 25 Backstroke   | 12          |
| 13           | 8 & UNDER 50 Butterfly  | 14          |
| 15           | 8 & UNDER 50 Breaststroke                                       | 16          |
| 17           | 8 & UNDER 100 Freestyle   | 18          |
| 19           | 8 & UNDER 100 Free Relay  | 20          |



## Metropolitan Swimming Photographer Registration Form

**As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.**

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

**THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.**

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID \_\_\_\_\_ # \_\_\_\_\_

Taking photos of \_\_\_\_\_

On behalf of \_\_\_\_\_

Purpose \_\_\_\_\_

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

Meet \_\_\_\_\_ Location \_\_\_\_\_

Date(s) of meet \_\_\_\_\_