

SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 240113

LOCATION: Hauppauge High School

500 Lincoln Blvd Hauppauge, NY 11788

FACILITY: 6-lane, 25 yard pool. Colorado touchpads and scoreboard.

The competition course has not been certified in accordance with Article 104.2.2C (4).

SESSIONS: Session 1 - 12 & Under Boys - 7am Warmup, 7:45am Start

Session 2 - 12 & Under Girls - 10:15am Warmup, 11am Start

Session 3 - 8 & Unders - 1:30pm Warmup, 2pm Start

FORMAT: All events will be timed finals.

All events will be deck seeded, but may be pre-seeded at the discretion of the Meet Director.

ELIGIBILITY: Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers.

All swimmers participating in this meet must be registered by the first day of the meet. No swimmer

will be permitted to compete unless the swimmer is a member as provided in Article 302.

No Deck Registrations will be accepted

Age on January, 28 2024 will determine age for the entire meet.

DISABILITY SWIMMERS:

Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible

for notifying the meet referee of any disability prior to the competition.

ENTRIES: Please Email Entries to:

coachjeff.haa@gmail.com

U.S. Mail Entries/Payment to:

Hauppauge Swimming

PO Box 5065

Hauppauge, NY 11788

NTs (No Times) are strongly discouraged. Entries will be cut on a first come first serve basis, except

for the host team. Maximum 6 timed final events per athlete per day. Athletes may enter only 1 session per day, except as approved by the Meet Director. Sessions may be limited to 3 hours at the

discretion of the Meet Director.

DEADLINE: Entries must be received by: 12:00 pm on January 19, 2024

An email confirming receipt of entries if you provide an email contact. Please contact the Meet

Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: An entry fee of \$7.50 per timed final event and a facility surcharge of \$15 per athlete must

accompany the entries.

Zelle to "brandon@hauppaugeswimming.com" is preferred

Alternatively, checks can be made payable to: Hauppauge Swimming

Payment must be received by **January 28**, **2024** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the

meet.

Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the Meet director and identify registered swimmers whom they wish

considered for waiver of fees when submitting meet entries.

WARM-UP: Warmup lanes will be assigned and posted after entries are closed.

SCRATCHES: Coaches may be given scratch sheets upon check-in for each session. All scratches are due no



later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual event scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid

USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches

who do not possess these credentials will be required to leave the deck area.

AWARDS: Medals will be awards for 1st through 3rd place and Ribbons for 4th through 6th.

OFFICIALS: Meet Referee: Brian Morelli (<u>haaofficials@gmail.com</u>)

Officials wishing to volunteer should contact the Meet Referee by email or use the following form:

https://forms.gle/aLGP4Wos5eTXeFPc9

ADMIN. OFFICIAL: Brandon Gilmore, Brandon Modrov

MEET DIRECTOR: Brandon Gilmore, Brandon Modrov

RULES: The current USA Swimming Rules and Regulations will apply.

The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet.

Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the

safety rules.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the

swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement.

Medical supervision available to athletes will include lifeguards and an AED.

MAAPP POLICY: All adults participating in or associated with this meet acknowledge that they are subject to the

provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this

competition.

WATER DEPTH: The pool is 12 feet deep at 1m from the start end, and 11 feet and 6 inches at 5m from the start

end. The pool is 3 feet 6 inches deep at 1m from the turn end, and 4 feet at 5m from the turn

end.

DISCLAIMER: DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against

Hauppauge Swimming, Hauppauge School District, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. It is understood that

USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for

damages arising by reason of injuries to anyone during the conduct of the event.

AUDIO/VISUAL STATEMENT:

Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas,

rest rooms, locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or

spectators are present.

DECK CHANGING: Deck changes are prohibited.

ADMISSION: Admission to all sessions is free. Programs are available at no charge via Meet Mobile.

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MERCHANTS: Limited concessions may be available.

PARKING: Ample free parking is available North of the High School.

DIRECTIONS: https://goo.gl/maps/E8f1EkqU1W5PibZ96

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Se	ession 1 - 12 & Under Boys
101	100 Free
102	50 Free
103	100 Breast
104	50 Breast
105	100 Back
106	50 Back
107	100 Fly
108	50 Fly
109	100 IM
Se	ession 1 - 12 & Under Girls
201	100 Free
202	50 Free
203	100 Breast
204	50 Breast
205	100 Back
206	50 Back
207	100 Fly
208	50 Fly
209	100 IM
	Session 3 - 8 & Unders
301	Girls 25 Free
302	Boys 25 Free
303	Girls 25 Breast
304	Boys 25 Breast
305	Girls 25 Back
306	Boys 25 Back
307	Girls 25 Fly
308	Boys 25 Fly
309	Girls 50 Free
310	Boys 50 Free





Metropolitan Swimming Photographer Registration Form

All Metropolitan Swimming Teams need to include this in the meet information packet. Please file this form with the Safety Sport Coordinator prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at a Metropolitan Swimming sanctioned meet and is taking those pictures of anyone other than his or her own child from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name		
Phone Number		
Government ID (driver's license preferre	d) or USA Swimming Registration Card:	
Type of ID#		
Taking photos of		
On behalf of		
Purpose		
Professional photographers/videograph Referee and must adhere to the followin	rs will be allowed on deck at the discretion of the Meet Director and Meet guidelines:	
Do not stand on the starting end of the Director and Meet Referee.	ool, or in the starter's box; use of the bulkhead is at the discretion of the Me	et
Do not stand on the edge of the pool (le	eve approximately two feet for officials and coaches).	
Leave the deck when not actively photo	raphing.	
Respond immediately to direction from	he Meet Referee.	
Signature	Today's Date	
Meet	Location	
Date(s) of meet		

