

Improvements Report

Improvement Report
2025 MR 15-18 Age Group Challe
Meet Date: 03/14/2025
Location: East Meadow, NY
Report Date: 03/17/2025

Athlete Name	Age	Competitive Category	Event	P/F/T	Place	Points	Time	Base Line	Improvement	New Best Cut	Time Standard
Avni, Lucas	16	M	15-18 100 Back	F	16		56.17Y	55.33Y	0.84		
Avni, Lucas			15-18 100 Fly	F	38		56.40Y	56.98Y	-0.58		
Avni, Lucas			15-18 50 Free	F	21		22.99Y	22.69Y	0.30		
Baker, Noah	15	M	15-18 100 Free	F	6		52.27Y	50.98Y	1.29		
Baker, Noah			15-18 50 Free	F	10		24.03Y	23.59Y	0.44		
Chang, Henry	17	M	15-18 100 Back	F	43		58.43Y	58.46Y	-0.03		
Chang, Henry			15-18 100 Breast	F	26		1:04.20Y	1:03.64Y	0.56		
Chang, Henry			15-18 100 Fly	F	18		55.29Y	54.32Y	0.97		
Chattanond, Olan	16	M	15-18 100 Back	F	8	11.00	55.44Y	55.39Y	0.05		
Chattanond, Olan			15-18 200 Back	F	27		2:05.05Y	2:02.06Y	2.99		
Chattanond, Olan			15-18 50 Free	F	22		23.01Y	23.17Y	-0.16		
Cuthbertson, Angelina	16	F	15-18 100 Back	F	41		1:03.88Y	1:03.89Y	-0.01		
Cuthbertson, Angelina			15-18 100 Free	F	42		56.68Y	55.84Y	0.84		
Cuthbertson, Angelina			15-18 200 Back	F	3		2:20.34Y	2:19.73Y	0.61		
Cuthbertson, Angelina			15-18 50 Free	F	26		25.98Y	25.40Y	0.58		
Cuthbertson, Antonia	15	F	15-18 200 Back	F	27		2:18.02Y	2:19.15Y	-1.13		
Cuthbertson, Antonia			15-18 200 Fly	F	2		2:28.65Y	2:25.80Y	2.85		
Fallis, Matthew	18	M	15-18 200 Back	F	35		2:08.23Y	2:07.15Y	1.08		
Francis, Joseph	15	M	15-18 100 Back	F	37		57.87Y	57.35Y	0.52		
Francis, Joseph			15-18 100 Free	F	53		51.26Y	51.18Y	0.08		
Francis, Joseph			15-18 200 Back	F	17		2:03.48Y	2:03.35Y	0.13		
Francis, Joseph			15-18 50 Free	F	13		24.32Y	23.28Y	1.04		
Francis, Joseph			15-18 500 Free	F	34		5:07.53Y	5:03.29Y	4.24		
Gallegos, Jared	18	M	15-18 100 Back	F	6		1:00.30Y	57.65Y	2.65		
Gallegos, Jared			15-18 100 Free	F	53		51.26Y	49.98Y	1.28		
Gallegos, Jared			15-18 200 Back	F	31		2:05.89Y	2:08.74Y	-2.85		
Gallegos, Jared			15-18 200 IM	F	19		2:05.48Y	2:04.91Y	0.57		
Gallegos, Jared			15-18 50 Free	F	46		23.43Y	23.35Y	0.08		
Hu, Anna	16	F	15-18 100 Back	F	12	5.00	1:01.31Y	1:01.03Y	0.28		
Hu, Anna			15-18 100 Fly	F	10	7.00	1:00.28Y	59.30Y	0.98		
Hu, Anna			15-18 100 Free	F	10	7.00	54.71Y	54.18Y	0.53		
Hu, Anna			15-18 200 Free	F	20		2:02.11Y	2:00.64Y	1.47		
Hu, Anna			15-18 200 IM	F	11	6.00	2:15.14Y	2:15.93Y	-0.79		
KIM, AIDEN	17	M	15-18 200 Back	F	9		2:11.31Y	2:08.49Y	2.82		
KIM, AIDEN			15-18 200 Breast	F	32		2:24.84Y	2:24.10Y	0.74		
KIM, AIDEN			15-18 400 IM	F	4		4:37.37Y	4:31.26Y	6.11		
Kern, Olivia	15	F	15-18 100 Breast	F	37		1:12.99Y	1:12.91Y	0.08		
Kern, Olivia			15-18 200 Back	F	21		2:16.73Y	2:19.18Y	-2.45		

Kern, Olivia			15-18 200 Breast	F	19	2:35.65Y 2:35.02Y	0.63
Kern, Olivia			15-18 200 Free	F	12	5.00 2:00.51Y 2:00.29Y	0.22
Kern, Olivia			15-18 500 Free	F	4	15.00 5:16.72Y 5:17.66Y	-0.94
Law, Isabella	16	F	15-18 100 Back	F	11	6.00 1:01.03Y 1:04.36Y	-3.33
Law, Isabella			15-18 100 Fly	F	26	1:01.68Y 1:00.90Y	0.78
Law, Isabella			15-18 100 Free	F	1	57.00Y 55.80Y	1.20
Law, Isabella			15-18 200 Back	F	15	2.00 2:15.03Y 2:11.69Y	3.34
Law, Isabella			15-18 200 Fly	F	8	11.00 2:17.09Y 2:15.10Y	1.99
Law, Isabella			15-18 200 Free	F	21	2:02.12Y 2:00.52Y	1.60
Law, Isabella			15-18 200 IM	F	4	2:19.61Y 2:17.87Y	1.74
Law, Isabella			15-18 500 Free	F	6	13.00 5:19.89Y 5:21.50Y	-1.61
Lemaitre, Nina	15	F	15-18 100 Back	F	24	1:02.09Y 1:02.14Y	-0.05
Lemaitre, Nina			15-18 100 Fly	F	31	1:02.34Y 1:01.72Y	0.62
Lemaitre, Nina			15-18 100 Free	F	44	56.93Y 56.95Y	-0.02
Lemaitre, Nina			15-18 200 Back	F	7	2:21.80Y 2:16.29Y	5.51
Lemaitre, Nina			15-18 200 Fly	F	21	2:22.73Y 2:23.54Y	-0.81
Lemaitre, Nina			15-18 200 Free	F	19	2:08.77Y 2:01.36Y	7.41
Vapnyar, Nicholas	15	M	15-18 100 Back	F	27	57.01Y 56.18Y	0.83
Vapnyar, Nicholas			15-18 100 Breast	F	17	1:03.12Y 1:03.49Y	-0.37
Vapnyar, Nicholas			15-18 100 Free	F	2	51.66Y 51.32Y	0.34
Vapnyar, Nicholas			15-18 200 Back	F	16	1.00 2:02.97Y 2:02.38Y	0.59
Vapnyar, Nicholas			15-18 200 Breast	F	23	2:23.03Y 2:25.17Y	-2.14
Vapnyar, Nicholas			15-18 200 IM	F	7	2:09.16Y 2:04.53Y	4.63
Vapnyar, Nicholas			15-18 400 IM	F	20	4:30.85Y 4:32.62Y	-1.77
Weinstein, Joshua	15	M	15-18 200 Fly	F	2	2:13.27Y 2:11.17Y	2.10
Weinstein, Joshua			15-18 500 Free	F	2	5:12.39Y 5:06.67Y	5.72
Wong, Alexander	15	M	15-18 100 Fly	F	21	55.55Y 56.55Y	-1.00
Wong, Alexander			15-18 200 Fly	F	7	12.00 2:03.18Y 2:05.33Y	-2.15
Wong, Tyler	17	M	15-18 100 Back	F	23	56.65Y 58.50Y	-1.85
Wong, Tyler			15-18 200 Back	F	28	2:05.27Y 2:04.81Y	0.46
Wong, Tyler			15-18 50 Free	F	3	23.73Y 23.44Y	0.29