

SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 241204

LOCATION: Hauppauge High School

500 Lincoln Blvd Hauppauge, NY 11788

FACILITY: 6-lane, 25-yard pool. Colorado touchpads and scoreboard.

The competition course has not been certified in accordance with Article 104.2.2C (4).

SESSIONS:

SESSION	DAY	WARMUP	START	EVENTS/ATHLETES
Session 1	Thursday	4:30 PM	5:00 PM	8 & Under Timed Finals
Session 2	Friday	2:45 PM	3:30 PM	Open Timed Finals*
Session 3	Friday	5:30 PM	6:15 PM	12 & Under Timed Finals
Session 4	Saturday	7:00 AM	8:00 AM	Open Prelims
Session 5	Saturday	10:40 AM	11:40 AM	11-12 Prelims
Session 6	Saturday	1:45 PM	2:45 PM	9-10 Prelims
Session 7	Saturday	5:00 PM	6:00 PM	Finals
Session 8	Sunday	7:00 AM	8:00 AM	Open Prelims
Session 9	Sunday	10:40 AM	11:40 AM	11-12 Prelims
Session 10	Sunday	1:45 PM	2:45 PM	9-10 Prelims
Session 11	Sunday	5:00 PM	6:00 PM	Finals

^{*} Do not enter high school before buses pull out

FORMAT:

All Thursday and Friday events will be timed finals. All Saturday and Sunday events will be prelims/finals. All events will be deck seeded, but may be pre-seeded at the discretion of the Meet Director. In 9-10 events, the fastest 6 athletes will advance to finals (1 heat). In 11-12 events, the fastest 12 athletes will advance to finals (2 heats). In Open freestyle and events 100yds and longer, the fastest 18 athletes will advance to finals (3 heats). In the Open 50 yd Backstroke, Breaststroke, and Butterfly, 12 athletes will advance to finals (2 heats). In all Open events, the 1 slowest heat in finals will be open to athletes 14 & Under athletes only. Events, event order, number of athletes in finals are subject to change at the discretion of the meet director.

ELIGIBILITY:

Open to all Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. No Deck Registrations will be accepted

Age on **December 12, 2024** will determine age for the entire meet.



DISABILITY SWIMMERS:

Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.

ENTRIES: Please Email Entries to:

jeff@hauppaugeswimming.com

U.S. Mail Entries/Payment to: Hauppauge Swimming PO Box 5065

Hauppauge, NY 11788

NTs (No Times) are strongly discouraged. Entries will be cut on a first come first serve basis, except for the host team. Maximum 6 timed finals events per athlete and 1 session per day, maximum 3 Prelims/Finals events per day and 1 prelim session per day. Relays entries may be limited at the discretion of the Meet Director. Sessions may be limited to 3 hours at the discretion of the Meet Director.

DEADLINE: Entries must be received by: 7pm on December 5, 2024

An email confirming receipt of entries if you provide an email contact. Please contact the Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: All fees should be submitted by a coach or team administrator, not by individual parents. An entry fee of \$8 per timed final event, \$10 per

prelim/final event, and a facility surcharge of \$15 per athlete must

accompany the entries.

Zelle to "brandon@hauppaugeswimming.com" is preferred
Alternatively, checks can be made payable to: Hauppauge Swimming
Payment must be received by December 12, 2024 for email entries.
Payment must be included with all mail entries. Failure to pay entry fees by

this deadline could result in teams being barred from the meet.

Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the Meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries.

Zelle

WARM-UP:

Warmup lanes to be assigned and posted after entries are closed.

SCRATCHES:

Scratches from finals may be done via Google form sent to participating teams after entries are finalized or on paper at the discretion of the Meet Director, and are due no later than 30 minutes after results are announced unless an intent to scratch is pending, 5 minutes after the end of the prelims session, whichever is earlier. Coaches may be given scratch sheets upon check-in for each session. All scratches from timed finals are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual event scratches and which swimmers will not be participating in the session.



COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current,

valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: Medals 1-3, Ribbons 4-6 or more at the discretion of the Meet Director.

Individual High Point awards may be given at the discretion of the Meet Director.

OFFICIALS: Meet Referee: Jeff Chu (jeff@hauppaugeswimming.com) and Brian Morelli

Officials wishing to volunteer should contact the Meet Referee by email or complete the following

form:

https://forms.gle/s7vegsnAiJTcoFBLA

ADMIN. Brandon Modrov, Brandon Gilmore OFFICIAL:

MEET Brandon Modrov, Brandon Gilmore DIRECTOR:

RULES: The current USA Swimming Rules and Regulations will apply.

The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet.

Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to

follow the safety rules.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the

swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement.

Medical supervision available to athletes will include lifeguards and an AED.

MAAPP POLICY: All adults participating in or associated with this meet acknowledge that they are subject to the

provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they

understand that compliance with MAAPP is a condition of participation in the conduct of this

competition.

WATER DEPTH: The pool is 12 feet deep at 1m from the start end, and 11 feet and 6 inches at 5m from the

start end. The pool is 3 feet 6 inches deep at 1m from the turn end, and 4 feet at 5m from the

turn end.

DISCLAIMER: DISCLAIMER: Upon acceptance of h

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **Hauppauge Swimming, Hauppauge School District**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

AUDIO/VISUAL STATEMENT:

Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

DECK CHANGING: Deck changes are prohibited.

ADMISSION: Admission to all sessions is free. Programs are available at no charge via Meet Mobile.

MERCHANTS: Limited concessions may be available.

PARKING: Ample free parking is available North of the High School.

DIRECTIONS: https://goo.gl/maps/E8f1EkgU1W5PibZ96

	SESSION 1 8 & UNDERS THURSDAY 4:30 PM WARMUP 5:00 PM START	
101	8 & Under 25 Freestyle	102
103	8 & Under 25 Breaststroke	104
105	8 & Under 25 Backstroke	106
107	8 & Under 25 Butterfly	108
109	8 & Under 25 Freestyle	110
111	8 & Under 25 Backstroke	112

SESSION 2 OPEN TIMED FINALS FRIDAY 2:45 PM WARMUP 3:30 PM START				
211	12 & Under 200 IM	212		
213	200 Backstroke	214		
215	200 Breaststroke	216		
217	200 Butterfly	218		

	SESSION 3 12 & UNDER TIMED FINALS FRIDAY 5:30 PM WARMUP 6:15 PM START	
221	12 & Under 100 Backstroke	222
223	12 & Under 100 Breaststroke	224
225	12 & Under 100 Butterfly	226

	SESSION 4 OPEN PRELIMS SATURDAY 7:00 AM WARMUP 8:00 AM START	
310	200 Freestyle	311
312	50 Backstroke	313
314	100 Breaststroke	315
316	100 Butterfly	317
318	50 Free	319

	SESSION 5 11-12 PRELIMS SATURDAY 11:00 AM WARMUP 12:00 PM START	
321	11-12 100 Freestyle	322
323	11-12 50 Breaststroke	324
325	11-12 50 Butterfly	326

	SESSION 6 9-10 PRELIMS SATURDAY 1:00 PM WARMUP 2:00 PM START	
331	9-10 100 Freestyle	332
333	9-10 50 Breaststroke	334
335	9-10 50 Butterfly	336

	SESSION 7 FINALS SATURDAY 4:00 PM WARMUP 5:00 PM START	
901	Girls 11-12 400 Medley Relay	-
310	200 Freestyle	311
321	11-12 100 Freestyle	322
331	9-10 100 Freestyle	332
312	50 Backstroke	313
323	11-12 50 Breaststroke	324
333	9-10 50 Breaststroke	334
316	100 Butterfly	317
325	11-12 50 Butterfly	326
335	9-10 50 Butterfly	336
314	100 Breaststroke	315
318	50 Freestyle	319

SESSION 8 OPEN PRELIMS SUNDAY 7:00 AM WARMUP 8:00 AM START				
410	100 Backstroke	411		
412	50 Breaststroke	413		
414	100 Freestyle	415		
416	50 Butterfly	417		
418	200 IM	419		

	SESSION 9 11-12 PRELIMS SUNDAY 11:00 AM WARMUP 12:00 PM START	
421	11-12 50 Backstroke	422
423	11-12 50 Freestyle	424
425	11-12 100 IM	426

SESSION 10 9-10 PRELIMS SUNDAY 1:00 PM WARMUP 2:00 PM START			
431	9-10 50 Backstroke	432	
433	9-10 50 Freestyle	434	
435	9-10 100 IM	436	

	SESSION 11 FINALS SUNDAY 4:00 PM WARMUP 5:00 PM START	
902	Girls 11-12 200 Medley Relay	-
410	100 Freestyle	411
421	11-12 50 Backstroke	422
431	9-10 50 Backstroke	432
412	50 Breaststroke	413
423	11-12 50 Freestyle	424
433	9-10 50 Freestyle	434
414	50 Butterfly	415
425	11-12 100 IM	426
435	9-10 100 IM	436
416	100 Backstroke	417
418	200 IM	419



Metropolitan Swimming Photographer Registration Form

All Metropolitan Swimming Teams need to include this in the meet information packet. Please file this form with the Safety Sport Coordinator prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at a Metropolitan Swimming sanctioned meet and is taking those pictures of anyone other than his or her own child from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name	
Phone Number	
Government ID (driver's license preferred) or USA Swimming Registration Card:	
Type of ID#	
Taking photos of	
On behalf of	
Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee and must adhere to the following guidelines:	
Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.	
Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).	
Leave the deck when not actively photographing.	
Respond immediately to direction from the Meet Referee.	
Signature	Today's Date
Meet	Location
Date(s) of meet	

