









































NASSAU COUNTY
AQUATICS CENTER
Message 053
39:6

HHH
PAIN IS
TEMPORARY
PAIN IS
TEMPORARY
PAIN IS
TEMPORARY

HHH
PAIN IS
TEMPORARY
PAIN IS
TEMPORARY
PAIN IS
TEMPORARY

HILLS

TEAM
SPEED

Life









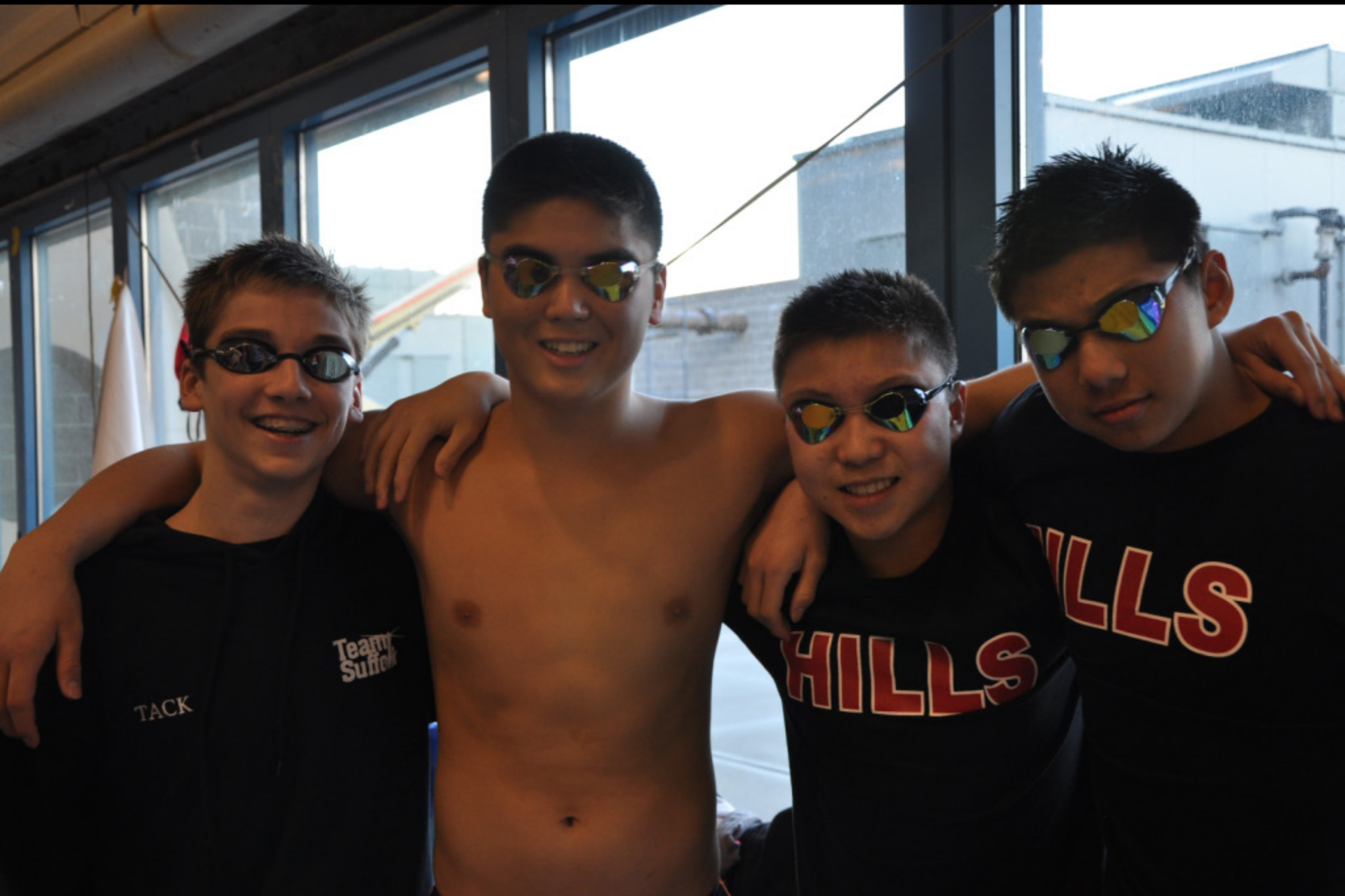




































HHH
PAIN IS
TEMPORARY
PRIDE IS
FOREVER

HHH
PAIN IS
TEMPORARY
PRIDE IS
FOREVER















